

BDM LAX Summer and Fall 2011 Lacrosse Information (Boys and Girls, Grades K-12):

BDM LAX develops great lacrosse players by focusing on skills, drills, and demanding team play.

Over the past four years we have worked with the IA league MVP runner up, over a dozen All-League players, and over 4 dozen All-District players. These players have led their teams to District Championships and State Championship contests. We have had 5 players selected for the U.S. Lacrosse Women's Division National Tournament. Example of a rising stars from last year's Fall Ball program include Julia Lozano (Coral Shores, 43 goals, 14 assists, 92 ground balls, 1st Team All-District after one season of Fall Ball), Nicolle Gilletti (Killian, 16 points, 26 draw controls, 56 ground balls, 1st Team All-District after one season of Fall Ball), and Margaret Franklin (Palmer Trinity All-Time leading scorer, LaxManiax TFG Black player and top Division I lacrosse prospect). We have 10 girls players simultaneously playing for Florida's Premier Club Lacrosse Program, LaxManiax - 100% of the players we recommended to that program made their team tryout.

This year BDM LAX will also be offering a boy's program following on the success of the Killian lacrosse season and it's six All-District player award recipients. Boys in grades K-12 from any school and of any skill level are welcome.

Summer:

- We are having 3 open practice "Summer Lacrosse Days" on: June 25th, July 16th & August 13th.
- THERE IS ABSOLUTELY NO COST FOR THESE PRACTICES (We just need to know that you are coming in advance and need your US Lacrosse number)
- Location: Kendall Soccer Park, 8011 SW 127 Ave, Miami, FL 33183. Time: 1 PM until 4 PM.
- Be sure to bring your lax buddies and learn some great new skills at our first Summer Lacrosse Day on June 25th!
- Any level of skill is welcome:
 - Skills and age appropriate activities planned for Grades K-12.
 - If you are an elite player, you will find a challenging level of play and training
 - If you are not a member of US Lacrosse: We can sign up new players at the field (\$25 if under 15, \$35 if under 19 - you get a great magazine! The membership is required for insurance purposes)
- As always:
 - Solid skills are emphasized and bad habits discouraged.
 - We work as much on LAX IQ and field view....
 - As we do on stick skills, conditioning, drills & scrimmage play.
- It's hot on Saturday afternoons in the summer:
 - Be sure to come to the field adequately hydrated and have plenty of cold fluids available.
 - We play in the rain, unless there is lightening in the area.

Fall League:

- We will have two divisions (same as last year) based primarily on skill level: Academy & Elite
- We are not a tournament travel lacrosse club, but we will be playing against many other regional fall ball programs on Saturdays and Sundays during the fall.
- Our practice dates and times will be the following Saturdays from 1 PM until 4 PM at Kendall Soccer Park:
 - September: 10, 17, 24; October 1, 8, 15, 22, 29; November 5, 12, 19; December 3, 10, 17
- Registration & Cost: You should register by June 1: \$200.00. Late Registration: \$225.00. (You can hold your spot with just \$50 and pay in installments during the summer). Not getting either payment in full or at least the deposit by June 1 may substantially delay receipt of your uniform and team gear items. Cost includes 14 sessions and BDM Lacrosse T-Shirt, Shorts, Sweatshirt, Pinny.
- You can get more details about our program on <http://bdmlax.com>, or call 305-562-4474 or email wnfranklinjr@yahoo.com. Checks and registration forms for Fall Ball should be mailed to BDMLAX Inc., 19468 SW 80th Ct, Miami, FL 33157.